








Dyma' r gwobrau sydd ar gael i'ch gwobrwyo am fod yn rhan o gynllun Profi Cyflwynwch eich carden wobrwyo i dderbyn gwobr.

These are the rewards available to the young people that have taken part in the Profi employability skills programme. Please submit your Profi Reward Card to receive your discount.

	<p>Gostyngiad o 50% ar gêm fowlio yn ystod tymor ysgol, i'r gêm gyntaf ac ar gyfer deiliad y garden yn unig. (Dim yn ddilys ar benwythnosau). 50% discount on a bowling game during school term time, for the first game and for the card holder only. (Not valid for weekend use.) Xcel Bowl, Llansteffan Road, Johnstown, Caerfyrddin SA31 3 BP. ☎ 01267 225 990. Gwefan website Facebook</p>
 <p>Llandysul Paddlers CC</p>	<p>Gostyngiad o 50% ar naill ai sesiynau ceufad, beicio mynydd neu arfordiro 50% discount for either canoeing, mountain biking or coasteering sessions Canolfan Ceufad Paddlers Canoe Club, Pont – Tyweli Llandysul SA44 4AA ☎ 01559 363 209 Gwefan Website Llandysul Paddlers Facebook</p>
	<p>Tocyn teulu i bedwar Family ticket for four people Cysylltwch gyda ni yn ar meinir@msgg.cymru or 01239 712 934 os hoffech gael eich ystyried l ennill y wobwr yma Please contact us by e mail meinir@msgg.cymru or by telephone on 01239 712 934 if you wish to enter a prize draw Gwefan Website Facebook</p>
	<p>Gostyngiad o 25% ag eithro rhai nwyddau fel itemau newydd 25% Discount some exclusions apply eg new products 4 Heol Coch Caerfyrddin 4 Red Street Caerfyrddin ☎ 01267 237 488 Gwefan Website Facebook</p>
	<p>Gostyngiad o 10% 10% Discount 6 Porth Tywyll, Caerfyrddin SA31 1PS 6 Dark Gate Street Carmarthen SA31 1PS ☎ 01267 223 358</p>

	<p>Gostyngiad o 20% 20% discount 9B Stryd y Brenin SA31 1BS 9B King Street SA31 1BS ☎01267 220 352 Gwefan Website</p>
<p>PhoneOnn</p>	<p>Gostyngiad o 20% ar itemau ategol yn unig (dim trwsio a dadgloi) 20% off on all Accessories only (not repair and unlocking) 4- 6 Dark Gate Street Caerfyrddin Carmarthen</p>
	<p>15% o ostyngiad - 15% discount 7 B Stryd Y Brenin, Caerfyrddin, SA31 1BD 7 B King Street, Carmarthen SA31 1BD</p>
	<p>10% o ostyngiad - 10% discount Rhodfa Santes Catrin St Catherine's Walk ☎ 01267 236 372 Facebook</p>
	<p>10% o ostyngiad - 10% discount 15 Heol Coch Caerfyrddin 15 Red St, Carmarthen SA31 1QL Gwefan Website</p>
	<p>20 % o ostyngiad ar llyfrau Gomer un tro yn unig 20 % discount on books one off only ☎ 01559 362 371 ✉bethan@gomer.co.uk</p>
	<p>10 % o ostyngiad ar nwyddau Siop Ffab un tro yn unig 10 % discount on Siop Ffab items one off only ☎ 01559 362 371 ✉bethan@gomer.co.uk Siop Gomer, Stryd y Gwynt Wind Street Llandysul SA44 4BD</p>

<p>TANGLED</p>  <p>PARROT</p>	<p>10% o ostyngiad ar archebion dros £20 10% of discounts on purchases over £20 ☎ 01267 220 282 ✉ tangledparrot@gmail.com</p>
	<p>10% o ostyngiad - 10% discount Uned 19 Rhodfa Santes Catrin Caerfyrddin Unit 19 St Catherine's Walk Carmarthen SA31 1GA ☎ 01267 232 026</p>
	<p>10% o ostyngiad - 10% discount Lan Llofft Boutique, 7 Stryd y Coleg College Street, Llanbedr Pont Steffan Lampeter, SA487DY ☎ 01570 422508 ✉ team@lanllofft.co.uk</p>
	<p>20% o ostyngiad - 20% discount 1 Cambrian Quay, Aberteifi Cardigan, SA43 1EZ ☎ 01239 612 259 www.pizzatipi.co.uk</p>
	<p>20% o ostyngiad - 20% discount 3 Emlyn Square, Newcastle Emlyn, SA38 9BG ☎ 01239 712739</p>
	<p>20% o ostyngiad - 20% discount 1 Sycamore St, Castell Newydd Emlyn SA38 9AP ☎ 01239 710 074 ✉ ycwtshcafe@gmail.com</p>

 <p>TALKING HEADS Hair Designers</p>	<p>10% o ostyngiad - 10% discount Sycamore Street, Castell Newydd Emlyn, Sir Gâr, SA38 9AJ. ☎01239 711 192</p>
	<p>15% o ostyngiad - 15% discount Siop Anrhegion a gemwaith - Jeweller's and Giftware 4 Cawdor Terrace, Castell Newydd Emlyn, Sir Gâr, SA38 9AS ☎01239 710 263 ✉info@debbiesjewellers.co.uk</p>
	<p>£4 am umrhyw pryd o fwyd - £4 for any meal Adpar, Castell Newydd Emlyn, Sir Gâr, SA38 9AS ☎01239 710 404 ✉riverside.cafe.emlyn@outlook.com</p>
	<p>20% o ostyngiad ar cardiau, gemwaith, canwyllau persawrus – 20% discount on cards jewellery & scented candles Sgwar Emlyn Square, Castell Newydd Emlyn SA38 9AN ☎01239 710 286 ✉ info@tivyhall.co.uk</p>
	<p>10% o ostyngiad ar baguettes o Fedi hyd Rhagfyr 2018 10% discount on baguettes September until December 2018 Stryd y Sycamorydden, Sycamore Street, Castell Newydd Emlyn SA38 9AP ☎07899 853 371</p>

	<p>10% o ostyngiad - 10% discount Sgwar Harford Harford Square, Llanbedr Pont Steffan Lampeter ✉Sales@marykateboutique.co.uk</p>
	<p>10% o ostyngiad - 10% discount 53 Stryd y Brenin King Street Caerfyrddin Carmarthen SA31 1BD ☎0167 223 153 ✉sorella53@outlook.com</p>
	<p>10% o ostyngiad - 10% discount Uned 1 Unit 1, Priory Court, Stryd Priordy Priory Street, Aberteifi Cardigan SA38 9AJ ☎01239 615 902</p>
	<p>£2.00 i ffwrdd o dorri gwallt o ddydd Llun tan dydd Iau £2.00 off haircuts from Monday to Thursday Lon yr Eglwys Castell Newydd Emlyn, Church Lane, Newcastle Emlyn. SA38 9AB ☎07530 077 188</p>
	<p>10% o ostyngiad ar eitemau pris llawn 10% discount off all full priced items Sycamore St, Castell Newydd Emlyn Newcastle Emlyn SA38 9AJ ☎01239 711 118</p>

 <p>Salon Gem 2 Market Place Lampeter, SA48 7DS 01570 422 005</p>	<p>10% o ostyngiad – 10% discount 2 Market Place, Lampeter. SA48 7DS ☎ 01570 422005 ✉ gemmathomas9@hotmail.com</p>
 <p>Trwsio iTech Repair 01570218010 gareth@itechrepair.cymru</p>	<p>10% o ostyngiad – 10% discount ☎ 07722083992 @itechrepairlampeter</p>
 <p>Bianca Cowan Hair Stylist BIANCA'S SALON 23 Bridge Street Lampeter SA48 7AA 01570 423268</p>	<p>£5 i fwrdd pan yn derbyn eich 6ed stamp £5 off when you receive your 6th stamp 23 Bridge Street, Lampeter. SA48 7AA ☎ 01570 423268 ✉ biancacowan@hotmail.co.uk</p>
 <p>Artisans Food and Drink Boutique Facebook: Artisans Food and Drink Boutique Telephone: 01570 423613 Free superfast fibre optic broadband</p>	<p>10% o ostyngiad ar diod 10% discount on drink ☎ 078582 839900 ✉ artisanslampeter@googlemail.com</p>
 <p>mulberrybush mulberrybushfoods.co.uk vegetarian & vegan cuisine</p> <p>2 Bridge Street, Lampeter. 01570 423 317</p>	<p>10% o ostyngiad ar holl brydau bwyd a diodydd i fynd i fwrdd neu fwyta yn y caffi. Mae disgownt pellach ar gael i'w ddwyn i fwrdd os ydych chi'n dod â'ch blwch neu cwpan eich hun. Mae Mulberry Bush yn 100% llysieuol, yn gweini salad iachus organig, blasau, suddion a smwddis. Blas gwahanol i'r ffretur 10% discount off all meals & drinks to take away or eat in the cafe. A further discount is available for take away if you bring your own box or cup. Mulberry Bush Cafe is 100% vegetarian, serving healthy, organic salads, savouries, juices & smoothies. A tasty alternative to the canteen. 2 Bridge Street, Lampeter ☎ 01570 423317</p>

	<p>10% o ostyngiad 10% discount @townhallCD Llambed / Lampeter SA48 7BB ☎ 01570 421 599</p>
	<p>10% o ostyngiad amser tymor ysgol 10% discount school term time ☎ 01570422133 ✉ Delyth.jenkins@btinternet.com</p>
	<p>10% o ostyngiad ar drwsio 10% off repairs @rthtech ✉ info@rthtechnology.co.uk www.rthtechnology.co.uk ☎ 0800 060 8889</p>
	<p>10% o ostyngiad ar nwyddau yn y siop 10% discount on items in the shop ✉ info@adrianthomaspharmacy.co.uk www.adrianthomaspharmacy.co.uk ☎ 01570 422 566</p>
	<p>10% o ostyngiad ar nwyddau Tigi 10% discount off Tigi Products ☎ 01239 612412 ✉ llinosevans54@icloud.com</p>
	<p>10% o ostyngiad ar bris gwerthu a argymhellir 10% discount off recommended retail price ☎ 01239 612838 ✉ sales@tonnausurf.com</p>